

Egg Freezing

What you need to know

Patient Information Book



Whether it's been the hot topic at a dinner party with the girls, or you've read it in a gossip mag, there's no denying that egg freezing is trending highly.

At Genea, we understand the trick is cutting through all the noise and getting to the facts.

That's why we've put together this brochure, to set the record straight and give you what you need to know.

So let's get started ...



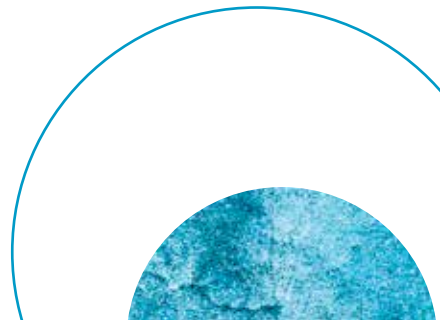
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THE AGE FACTOR

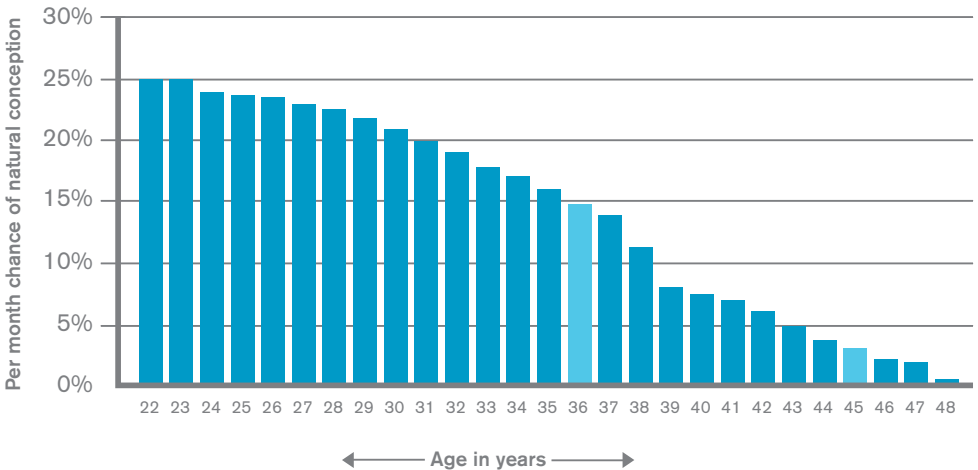
Frustrating as it might be, age is one of the main factors we cannot beat when it comes to your fertility. Your most fertile years are your 20s and early 30s, however, we realise that those years may not always be quite the right time to think about having a baby.

Data that is relied upon around the world shows that a woman's chance of getting pregnant naturally each month decreases from the age of 22.

By the time you're 36, your chance of conceiving per month has decreased significantly - and that's if there are no other factors at play. The downward slope continues until, by age 45, the average natural fertility rate per month is approximately one per cent.

So if you believe that children are a part of your future or you'd just like to give yourself the option of trying, then freezing your eggs to use in the future might be the right choice for you.

CHANCE OF NATURAL CONCEPTION PER MONTH



LOOKING AHEAD TO THE FUTURE

The probability of a woman having a baby in the future using her frozen eggs depends on the age when the eggs were collected and the number of successfully warmed eggs.

While we've been freezing and vitrifying eggs for many years in Australia, the number of women returning to use their frozen eggs in an attempt to get pregnant is not yet at a level where we can provide reliable and meaningful data on the Australian experience.

However, data being used internationally indicates an overall chance of success ranging from five to 50 per cent depending on the number of eggs vitrified and the age at which you froze them. In contrast, a 40 year old has just seven to eight per cent chance of getting pregnant naturally each month.

THE THREE STEP EGG FREEZING PROCESS

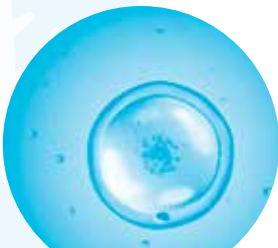
Egg freezing is a method to preserve your fertility that's relatively straightforward. You undergo hormone stimulation to encourage a good number of eggs to mature. You will then have an egg collection procedure which takes about 10-20 minutes and is usually performed using light sedation and local anaesthetic so you remain awake during the procedure and recover more quickly.

Your eggs are then frozen using an advanced method called vitrification which is essentially snap freezing and they are safely stored until you are ready to use them. Frozen eggs can be stored for many years.

Step 1
Stimulate the Ovaries

Step 2
Egg Collection

Step 3
Egg vitrification & storage



HOW MUCH DOES IT COST?

Cycle	New price incl. GST	Was	Savings	Including
First cycle	\$6,999	\$10,016	\$3,017	Cycle + Day Surgery + Freeze + 12 months storage
Second and subsequent cycles	\$5,999	\$10,016	\$4,017	Cycle + Day Surgery + Freeze + 12 months storage

Please note that additional fees will be applicable for any procedures conducted at a non-Genea Day Surgery.

Storage	\$39.60 incl. GST/month (after complimentary period expires)
Medications	From \$1,500/per cycle

Cycle cost includes:

- Ultrasounds and blood tests
- Lab, Scientist and Administration costs
- Genea Specialist fees for day surgery procedures
- Coordination of your cycle by your allocated nursing team
- Planning and management of your cycle
- Counselling
- Day Surgery
- Local anaesthetic (where applicable)
- 12 months storage
- Freeze Fee

We know it can be difficult to compare clinics and at Genea, we are very upfront about our costs. A Patient Relationship Coordinator is happy to talk them through with you, by calling 1300 513 319.

Prices include GST

The above figures are an indication of the fees and out of pocket expenses you can expect. Your particular circumstances will determine your actual costs and out of pocket. Your Patient Relationship Coordinator will provide you with a personalised quote once you attend your nurse consultation. Please note any future use of your eggs will require further consultation and a further quote.

Fees current as at January 2016

The above fees are subject to Genea price changes and Medicare rebate adjustments.

EGG FREEZING AT GENEVA

At Geneva we've been leading the way in fertility advances for 30 years. By investing approximately 10 per cent of our revenue annually in research and development, we've developed world-class technology that's used in over 60 countries and 600 clinics globally and has resulted in the birth of more than 800,000 babies worldwide.

Importantly for your decision about fertility preservation, Geneva was the first clinic in Australia to develop and routinely replace the old slow freezing method for eggs and embryos with the more efficient and successful vitrification process.

Our Fertility Specialists and Embryologists have been involved in multiple firsts and are still leading the way in fertility science. In fact, Australia's first vitrified egg baby was born through Geneva in October 2008 (back then we were called Sydney IVF).

As well as being at the forefront of science, we also provide a level of care like no other. This matters from a personal point of view (hey, we all like to feel well cared for) but it also contributes hugely to your success.

TAKE THE NEXT STEP

Step 1

Speak to your GP about getting a referral to a Geneva Fertility Specialist who has an interest in egg freezing.

A referral form along with a list of Fertility Specialists is attached in the tear off section of this brochure.

Step 2

It is recommended but not essential that your GP conduct some simple tests prior to attending your initial consultation with the specialist. An outline of these tests are listed on the GP referral form.

Step 3

Make an appointment with your chosen Fertility Specialist and ensure that the signed referral form and any test results are taken with you to the first visit.



If you have any further questions before your Specialist appointment, call our Fertility Advisor on **1300 361 795**



NOTES





Genea HQ

Level 2, 321 Kent Street, Sydney NSW 2000

p 1300 361 795 **f** (02) 9233 7519

genea.com.au  /geneafertility  @geneafertility

The information in this brochure does not replace medical advice. Medical and scientific information provided in print and electronically by Genea might or might not be relevant to your own circumstances and should always be discussed with your own doctor before you act on it.

Referral for Egg Freezing

Step 1 GP and patient to choose a Genea Fertility Specialist and GP to sign the referral form below.
(A list of qualified specialists with an interest in egg freezing can be found overleaf).

To enable the best advice to be given at the first consultation with the Fertility Specialist, it is recommended to have the following infectious diseases and ovarian reserve tests conducted by the GP prior to the first appointment.

Step 2

Infectious disease screening blood tests:	Ovarian reserve testing:
<ul style="list-style-type: none">▪ Hepatitis B▪ Hepatitis C▪ HIV	<ul style="list-style-type: none">▪ Anti-Mullerian Hormone (AMH) Blood Test▪ Antral Follicle Count (AFC) via a Pelvic Ultrasound

Step 3 Patient to make an appointment with the Fertility Specialist and ensure that the signed referral form and any test results from above are taken to the first appointment.

Refer to:

(Accredited Genea Fertility Specialists listed overleaf)

Requesting Doctor:

Requesting Doctor's name and provider number

Regarding patient:


Female patient's name


Signature


Date


Please choose one of the following Fertility Specialists accredited by Genea.
For further information on these doctors please visit our website genea.com.au/doctors

Sydney CBD


 **A/Prof Mark Bowman** (02) 9232 5113
Level 3, 321 Kent Street
Sydney NSW 2000


 **Dr Mark Livingstone** (02) 9231 4513
Level 3, 23-25 O'Connell Street
Sydney NSW 2000


 **Dr Alison Gee** (02) 9221 9398
Level 3, 321 Kent Street
Sydney NSW 2000


 **Dr Devora Lieberman** (02) 9248 0200
Suite 306, Level 3
343 George Street
(cnr Barrack and George)
Sydney NSW 2000


 **Dr Derek Lok** (02) 8734 3395
Level 2, Benchmark Medical
2 Martin Place, Sydney NSW 2000


 **Dr Katrina Rowan** (02) 9230 0060
Level 10, 14 Martin Place
Sydney NSW 2000

 **Dr Geoffrey Reid** (02) 9233 4701
Level 7, Park House
187 Macquarie Street
Sydney NSW 2000


 **Dr Anthony Marren** (02) 9230 9900
Level 3, 321 Kent Street
Sydney NSW 2000

 **A/Prof Michael Cooper** (02) 9233 3546
Level 7, Park House
187 Macquarie Street
Sydney NSW 2000

 **Dr David Shelley-Jones** (02) 9221 2904
Level 12, 183 Macquarie Street
Sydney NSW 2000

 **Dr Hilary Joyce** (02) 9233 4701
Level 7, Park House
187 Macquarie Street
Sydney NSW 2000
Level 2, Benchmark Medical
2 Martin Place, Sydney NSW 2000


Sydney Eastern Suburbs

 **Dr Rebecca Deans** 1300 884 827
132 Edgecliff Road
Woollahra NSW 2025

Sydney North Shore

 **Dr Anthony Marren** 1300 330 990
Suite 3.03, 205 Pacific Highway
St Leonards NSW 2065


 **Dr David Shelley-Jones** (02) 9221 2904
The Mater Clinic, Rocklands Road
North Sydney NSW 2060

 **Dr Helen Peric** (02) 9411 2637
Suite 12, 56 Neridah Street
Chatswood NSW 2065


 **Dr Arifa Khan** (02) 9473 8746
Suite 401, The SAN Clinic
185 Fox Valley Road,
Wahroonga NSW 2076

 **Dr Sonal Karia** (02) 9807 0200
The Village Doctor
Shop 6.1B, 11 Bay Drive
Meadowbank NSW 2114


Sydney Northern Beaches

 **Dr Helen Peric** (02) 9411 2637
Level 5, 22 Darley Road
Manly NSW 2095

Sydney Inner West


 **Dr Derek Lok** (02) 8734 3395
Suite 5a, Level , Burwood Road
Burwood NSW 2134

 **Dr Gabrielle Dezarnaulds** (02) 9557 1988
37 St Johns Road,
Glebe NSW 2037


 **Dr Natasha Andreadis** (02) 9519 9707
Suite 318, RPAH Medical Centre
100 Carillon Avenue
Newtown NSW 2042

Rozelle Total Health,
579 Darling Street, Rozelle NSW 2039


 **Dr Sonal Karia** (02) 9557 1988
137 St Johns Road
Glebe NSW 2037

 **Dr Anthony Marren** 1300 330 990
RPAH Medical Centre
Suite 320, 100 Carillon Avenue
Newtown NSW 2042

Sydney North West


 **Dr Antony Lighten** (02) 8883 3200
Suite 103, 10 Norbrik Drive
Bella Vista NSW 2153


 **Dr Arifa Khan** (02) 9473 8746
Suite 108, Specialist Medical Centre
Norwest Private Hospital
9 Norbrik Drive, Bella Vista NSW 2153


 **Dr Peter Bell** (02) 9894 0040
142 Tuckwell Road
Castle Hill NSW 2154

Sydney South and South West

 **Dr Derek Lok** (02) 8734 3395
173-175 Bigge Street
Liverpool NSW 2170
Level 2, Waratah Private Hospital
31 Dora Street, Hurstville NSW 2220

 **Dr Geoffrey Reid** (02) 9233 4701
173-175 Bigge Street
Liverpool NSW 2170


 **Dr Sonal Karia** (02) 8734 3333
173-175 Bigge Street
Liverpool NSW 2170

 **Dr Hilary Joyce** (02) 4862 4004
173-175 Bigge Street
Liverpool NSW 2170

 **Dr Quang Ho** (02) 9755 7459
Suite 20, 5 Arthur Street
Cabramatta NSW 2166
6/80 Kitchener Parade
Bankstown NSW 2200
Level 1, Illawong Shopping Centre
273 Fowler Road, Illawong NSW 2234

Wollongong

 **Assoc Prof. Chris James** (02) 4228 5455
1/56A Church Street
Wollongong NSW 2500

 **Assoc Prof. Lionel Reyftmann** (02) 4226 2844
28 Mercury Street, Wollongong NSW 2500
Shellharbour Private Hospital
27 Captain Cook Drive
Barrack Heights NSW 2528

Canberra

 **Dr Tween Low** (02) 6162 1649
Capital Women's Health
1/21 Napier Close
Deakin ACT 2600

 **Prof. Steve Robson** (02) 6282 3033
Suite 2, John James Medical Centre
175 Strickland Crescent
Deakin ACT 2600

 **Dr Felicity Brims** (02) 6282 7700
Suite 35
John James Medical Centre
175 Strickland Crescent
Deakin ACT 2600

 **Dr Tobias Angstmann** (02) 6162 1649
Capital Women's Health
1/21 Napier Close
Deakin ACT 2600